



La Crosse County Aging Unit Lunch Bunch Memory Café

The **Lunch Bunch Memory Café** is a place to meet with other family caregivers in a relaxed and friendly atmosphere. Once a month the café offers a chance for everyone to step out of their daily roles and share a positive experience in a supportive environment. It's a place to listen, share and to learn from other caregivers who may be on a very similar journey. Caregivers are welcome to bring the person they care for with them to the café.

When: This group meets the *last* Tuesday of every month

Time: 11:30am—1:00pm

Location: Black River Beach Neighborhood Center
1433 Rose Street
La Crosse, WI 54603



Lunch & beverage provided at a suggested donation of \$4 per person

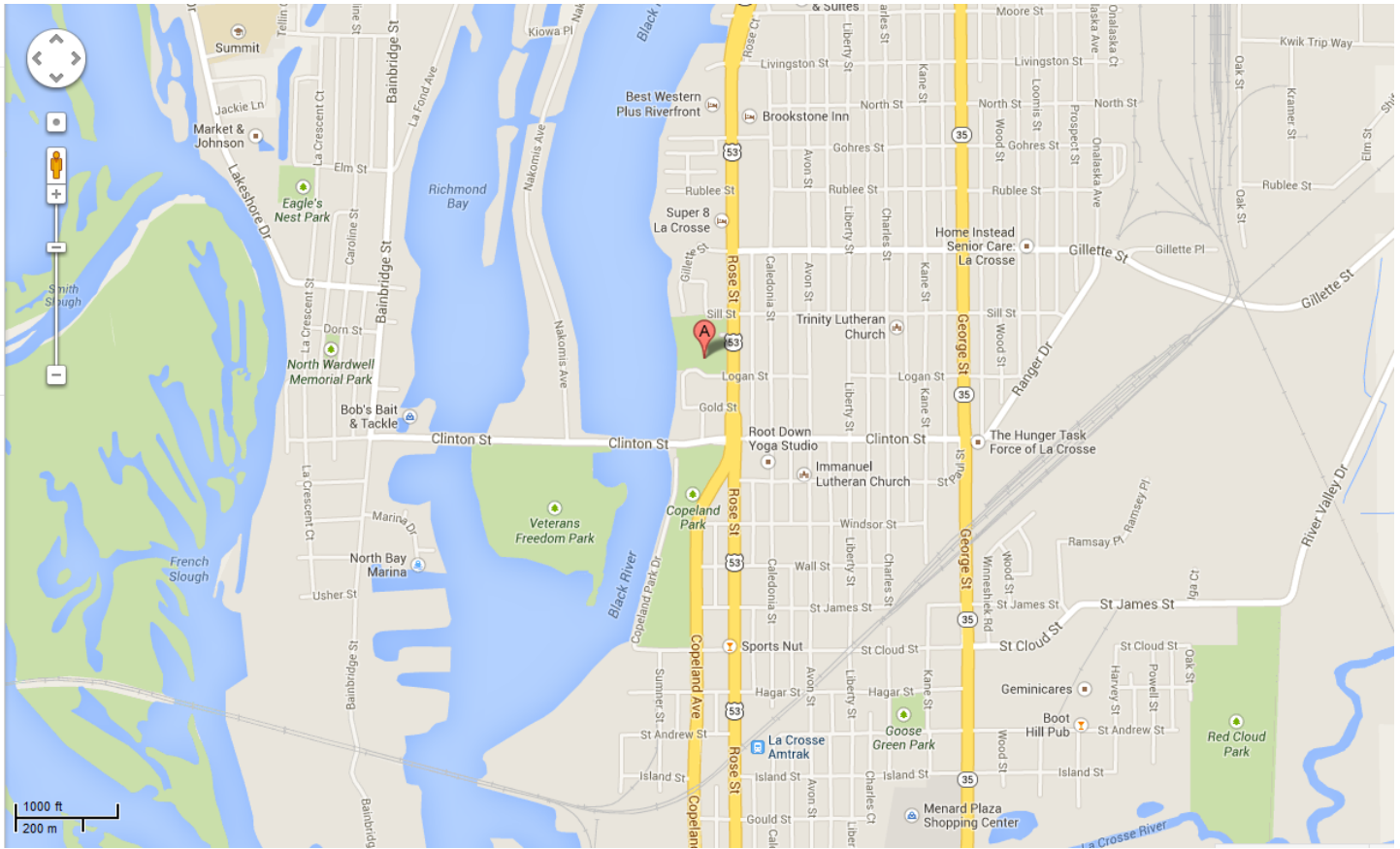
Caregiver Education: Each month a different local agency/service provider will be invited to briefly share information about their services. They will also be available to answer questions and visit with family caregivers during the café.

Arts & Music: Occasionally, art or special music may be featured at the café. Details will be announced on the monthly invites.

If you would like more information, or to be added to our mailing list, please contact Amy Brezinka with the La Crosse County Aging Unit at **608.785.3460** or email at: **abrezinka@lacrossecounty.org**

Upcoming Dates:

- January 27, 2015
- February 24, 2015
- March 31, 2015
- April 28, 2015



Address:
Black River Beach Neighborhood Center
1433 Rose St.
La Crosse, WI 54603

Phone:
(608) 789-8640